

Republic of the Philippines
HOUSE OF REPRESENTATIVES
Quezon City, Metro Manila

Thirteenth Congress
First Regular Session

HOUSE BILL NO. 3064

SEP 30 2004
11:15 am
[Signature]

**Introduced by Hon. Isidro S. Rodriguez, Jr.
Hon. Michael John R. Duavit,
Hon. Ronaldo V. Puno
and Hon. Victor R. Sumulong**

EXPLANATORY NOTE

This bill seeks to declare Sikaran as the National Martial Art of the Philippines.

Sikaran-Arnis is the ancient art of Filipino foot and stick fighting that originated in the town of Baras, Province of Rizal. It is distinct from other forms of martial arts such as Taekwondo and Karate by incorporating arnis in the predominantly foot-fighting technique which has been taught and has been propagated locally and abroad for the past forty-four years.

While these historical perspective depict the Sikaran as an emerging Filipino creativity and competency in the field of martial arts, it cannot be overemphasized that Sikaran also imbues each Filipino with a tool for self-defense once mastery of the art is achieved.

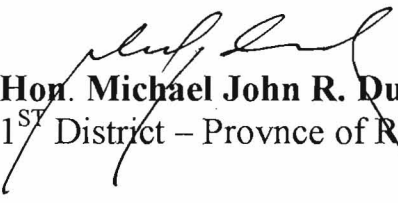
Sikaran gains increasing popularity in the country as it promotes the virtue of self-discipline and control as well as healthy and simple lifestyle for the holistic development of the Filipino individual. These are the characteristics possessed by a Sikaran master that portray the purity of the Filipino ambition.

The development of Sikaran as the national martial art will also assist our government in its efforts to counter drug-addiction by providing the citizenry, especially the youth, the opportunity for self-excellence in the field of sports development.

In line with Section 19 Article XIV of the Constitution which states: “The State shall promote physical education and encourage sports programs, league competition, and amateur sports, including training for international competitions, to foster self-discipline, teamwork, and excellence for the development of a healthy and alert citizenry”, passage of this bill is earnestly sought.



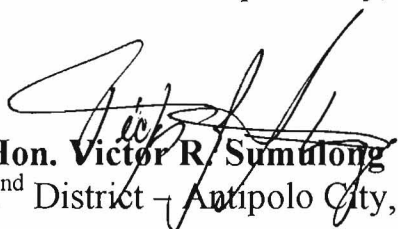
Hon. Isidro S. Rodriguez, Jr.
2nd District – Province of Rizal



Hon. Michael John R. Duavit
1st District – Province of Rizal



Hon. Ronaldo V. Puno
1st District – Antipolo City, Rizal



Hon. Victor R. Sumulong
2nd District – Antipolo City, Rizal

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**AN ACT
DECLARING SIKARAN AS THE NATIONAL MARTIAL ART
OF THE PHILIPPINES**

*Be it enacted by the Senate and House of Representatives of the Philippines
in Congress assembled:*

SECTION 1. Sikaran is hereby declared as the National Martial
Art of the Philippines

SEC. 2. The Secretary of Education, in coordination with
the Chairman of the Philippine Sports Commission, shall promulgate the
necessary rules and regulations for the promotion of Sikaran as the National
Martial Art of the Philippines.

SEC 3. This Act shall take effect upon its approval.

Approved.