

SIXTEENTH CONGRESS OF THE REPUBLIC)
OF THE PHILIPPINES)
Third Regular Session



HOUSE OF REPRESENTATIVES

H. NO. 5891

Introduced by Representative Joseller "Yeng" M. Guiao

EXPLANATORY NOTE

Cardiopulmonary Resuscitation (CPR) has been identified as the single most effective first aid intervention that can be administered to an individual suffering from cardiac arrest. The American Heart Association (AHA) states that every hour in the United States, 48 people will suffer a cardiac arrest event outside of a hospital and that 9 out of 10 people will not survive. However, the AHA likewise states that a victim's survival doubles or even triples when lifesaving CPR is administered.

While it has been traditionally a technique performed almost exclusively by physician and health care professionals, it has evolved over the years into something easier to understand and perform. As such, CPR as a lifesaving skill, has become simple enough for anyone to learn.

The AHA who is in the forefront of the advocacy to increase CPR knowledge among the general public have designed several brochures and learning programs for people to learn CPR in as little as 20 minutes. Their campaign for widespread teaching and training of this basic life saving skill has extended to schools where 24 out of America's 50 States have enacted legislation to make mandatory, the teaching of CPR techniques in high school with some, even making the program a prerequisite for graduation.

The advent of K-12 enhanced education program curriculum provides us with a golden window to emulate this best practice and help breed a new generation of life savers. As such, the bill proposes to make mandatory, the inclusion of basic CPR training for K-12 high school students beginning school year 2016-2017 and every school year thereafter.

Considering the tremendous positive effect this will have in molding the youth and in saving countless lives, immediate passage of the measure is earnestly sought.


JOSELLER "YENG" M. GUIAO
Representative
1st District, Pampanga

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**AN ACT REQUIRING K-12 HIGH SCHOOL STUDENTS TO UNDERGO
CARDIO PULMONARY RESUSCITATION (CPR) TRAINING**

*Be it enacted by the Senate and House of Representatives of the Philippines in
Congress assembled:*

SECTION 1. *Short Title.* CPR Training in Schools Act of 2015

SEC. 2. *Declaration of Policy* – Consistent with Section 15, Article II of the Philippine Constitution, it is hereby declared the policy of the State to promote health consciousness among Filipinos and to equip able-bodied citizens with the necessary know-how and basic skills to become first responders during certain health emergencies.

SEC. 3. *Cardiopulmonary Resuscitation (CPR) Instruction for K-12 High School Students* - Effective School Year 2016-2017 and every school year thereafter, all public and private high schools operating in the Philippines must provide their students with one or more training sessions in CPR, through the use of psychomotor skills in an age-appropriate manner, during the seventh, eighth, ninth, tenth, eleventh or twelfth grade. CPR instruction must include training that has been developed by the Philippine Heart Association or the Philippine National Red Cross; or using nationally recognized, evidence-based guidelines for emergency cardiovascular care and incorporating psychomotor skills to

support the instruction. As far as practicable, schools must incorporate the training as part of their comprehensive health and physical education curriculum. As used in this section, "psychomotor skills" means hands-on practice to support cognitive learning.

SEC. 4. *Training as Prerequisite for Graduation* – A student must be certified by his/her competent school authority as having undergone the CPR training program, at least once, before being allowed to graduate.

SEC. 5. *Training Providers* – Schools have the option of allowing emergency medical technicians, paramedics, police officers, firefighters, teachers, school employees or other qualified instructors to provide the training. An instructor is required to be authorized to provide instruction in CPR only if the instruction is intended to lead to a certification for students.

SEC. 6. *Exceptions*. Students suffering from any physical or mental disability that may render them unable to perform a CPR procedure are exempted from going through the CPR training program.

SEC. 7. *Implementing Rules and Regulations (IRR)* - The Department of Education and Department of Health, in consultation with concerned NGOs, shall come up with the IRR, within three (3) months after the law's effectivity, for the efficient implementation of this Act.

SEC. 8. *Effectivity*. – This Act shall take effect fifteen (15) days after its publication in the Official Gazette or in two (2) newspapers of general circulation.

Approved,