

Republic of the Philippines
HOUSE OF REPRESENTATIVES
Quezon City, Philippines

SEVENTEENTH CONGRESS
Third Regular Session

HOUSE BILL NO. **8194**

Introduced by **Representative “KUYA” JOSE ANTONIO R. SY-ALVARADO**



EXPLANATORY NOTE

Obesity is a condition where a person has accumulated so much body fat that it might have a negative effect on that person's overall health. Several studies have shown that obesity can lead to other serious illness such as but not limited to Type-2 diabetes, heart disease, cancer and many more.

It is the obligation of the State, as enshrined in the 1987 Constitution, to protect the right to health of the people and instill health consciousness among them.

The purpose of this bill is to protect Filipinos from the harmful effect of obesity by establishing research center on obesity prevention and information propaganda to help the public understand the nature of this condition.

In view of the foregoing, the passage of this bill is earnestly sought.

“KUYA” JOSE ANTONIO R. SY-ALVARADO
Representative
First District of Bulacan

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**AN ACT MANDATING THE DEPARTMENT OF HEALTH TO ESTABLISH A
RESEARCH CENTER ON OBESITY PREVENTION**

Be it enacted by the Senate and the House of Representatives of the Philippines in Congress assembled:

SECTION 1. **Short Title.** - This Act shall be known as the "Obesity Prevention Act."

SEC. 2. **Overweight and Obesity Defined.** - As used in this Act, unless the context otherwise requires, the terms overweight and obesity are defined as the abnormal or excessive fat accumulation that presents a risk to health. A crude population measure of obesity is the body mass index (BMI), a person's weight in kilograms divided by the square of the individual's height in meters. An overweight and obese person also suffers from one or more of the following conditions or diseases:

- (1) Type II Diabetes;
- (2) Impaired glucose tolerance;
- (3) Hyperinsulinemia;
- (4) Dyslipidemia;
- (5) Hypertension;
- (6) Cardiovascular disease;
- (7) Cerebrovascular disease;
- (8) Osteoarthritis of the hips or knees;
- (9) Sleep apnea;
- (10) Gastric reflux disease; or
- (11) Gall bladder disease.

SEC. 3. **Establishment of Research Center by the Department of Health.** - The Obesity Prevention Research Center to be established by the Department of Health (DOH) is authorized to sample and collect data on individual cases where obesity is being actively treated and to analyze such data in order to evaluate the impact of treating obesity. Such data collection and analysis shall include the following:

- a. The epidemiology, risk factors, screening and diagnosis, complications, and control of obesity in Filipino adults, adolescents, and children;
- b. The effectiveness of existing methods for treating or preventing obesity;
- c. The effectiveness of alternate methods for treating or preventing obesity;

d. The fiscal impact of treating or preventing obesity:

e. The compliance and cooperation of patients with various methods of treating or preventing obesity: or

f. The reduction in serious medical problems associated with diabetes that results from treating or preventing obesity.

SEC. 4. **Fund.** - The DOH is authorized to fund the research center authorized in this Act from gifts, grants, and donations from individuals, private organizations, foundations, or any governmental unit; except that no gift, grant, or donation may be accepted by the DOH if it is subject to conditions that are inconsistent with this Act or any other laws of this State. The DOH shall have the power to direct the disposition of any such gift, grant, or donation for the purposes of this Act. After completion of the research, the DOH shall submit a report and supporting materials to the legislature by June 1 of the following year.

SEC. 5. **Separability Clause.** - If any provision or part hereof is held Invalid or unconstitutional, the remainder of the law or the provision not otherwise affected shall remain valid and subsisting.

SEC. 6. **Repealing Clause.** - Any law, presidential decree or issuance, executive order, letter of instruction, administrative order, rule or regulation contrary to or Inconsistent with the provisions of this Act is hereby repealed, modified, or amended accordingly

SEC. 7. **Effectivity.** - This Act shall take effect after fifteen (15) days following its publication in the Official Gazette and/or in newspapers of general circulation in the Philippines.

Approved,