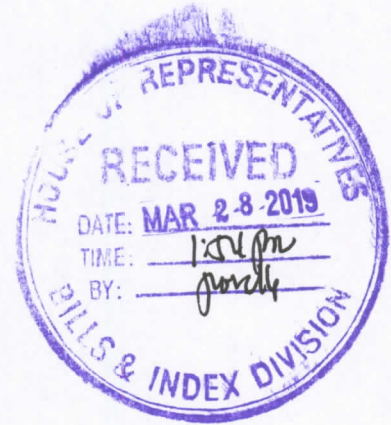


**Republic of the Philippines
HOUSE OF REPRESENTATIVES
Quezon City, Metro Manila**

**SEVENTEENTH CONGRESS
FOURTH REGULAR SESSION**

House Bill No. **9173**



INTRODUCED BY: **Rep. GREG G. GASATAYA**

EXPLANATORY NOTE

It is the policy of the State to adopt an integrated and comprehensive approach to health development in schools. Complementary to this, the State must give priority to the physical, mental and social well-being of the students, among others, by establishing, maintaining, and supporting a complete, adequate, and integrated system of education which gives primordial interest and concern to their health and safety. Hence, the right of the students to proper care and special protection from regulations and conditions prejudicial to their health and safety must always be defended.

It is undeniable that there are schools in the Philippines who conduct early morning classes starting at seven o'clock in the morning or earlier. These early morning school schedules expose students to several health risks such as not getting enough sleep and the danger of not arriving at school safely. Beginning the class hours early in the morning certainly affects the academic performance of students who do not get the proper amount of rest making it increasingly difficult for them to concentrate and focus on their studies.

In view of the foregoing, passage of this Bill is earnestly sought.


REP. GREG G. GASATAYA
Lone District, Bacolod City

Republic of the Philippines
HOUSE OF REPRESENTATIVES
Quezon City, Metro Manila

SEVENTEENTH CONGRESS
THIRD REGULAR SESSION

House Bill No. **9173**

INTRODUCED BY Rep. GREG G. GASATAYA

AN ACT
REGULATING THE COMMENCEMENT OF CLASS HOURS IN PUBLIC AND
PRIVATE EDUCATIONAL INSTITUTIONS IN THE PHILIPPINES

*Be it enacted by the Senate and House of Representatives of the Philippines in
Congress assembled:*

SECTION 1. *Short Title.* – This Act shall be known as the “Adjusted Class Hours Act of 2019.”

SECTION 2. *Declaration of Policy.* – It is hereby declared that the State shall promote and protect the physical, moral, spiritual, intellectual, and social well-being of the youth. It shall take appropriate steps to adopt an integrated and comprehensive approach to health development prioritizing the youth among others.

SECTION 3. *Regulation of Class Hours.* – It is hereby prohibited for any educational institution, public or private, to commence class hours earlier than 8:30 AM.

SECTION 4. *Penalties.* – The Department of Education (DepEd) and the Commission on Higher Education (CHED) shall promulgate the necessary rules and regulations in order to ensure compliance of all the educational institutions to the provisions of this Act. The imposition of appropriate fines and penalties for any violation of this Act shall likewise be under the jurisdiction of the DepEd and the CHED.

SECTION 5. *Separability Clause* – If any part or provision of this Act is held invalid or unconstitutional, other provisions not affected thereby shall remain in full force and effect.

SECTION 6. *Repealing Clause.* — Any law, presidential decree or issuance, executive order, letter of instruction, administrative order, rule or regulation contrary to, or inconsistent with the provisions of this Act is hereby repealed, modified or amended accordingly.

SECTION 7. *Effectivity.* – This Act shall take effect fifteen (15) days after its publication in the Official Gazette or in at least two (2) newspapers of general circulation.

APPROVED,