

Republic of the Philippines
HOUSE OF REPRESENTATIVES
Quezon City

NINETEENTH CONGRESS
First Regular Session

HOUSE BILL NO. 5871

Introduced by Representative Joseph Gilbert F. Violago



EXPLANATORY NOTE

The 1987 Constitution provides that the State recognizes the vital role of the youth in nation-building and shall promote and protect their physical, moral, spiritual, intellectual, and social well-being. (Sec. 13, Art. II) The State shall promote physical education and encourage sports programs, league competitions, and amateur sports, including training for international competitions, to foster self-discipline, teamwork, and excellence for the development of a healthy and alert citizenry. (Sec. 19, Art. XIV)

Based on the 2020 PSA Census, the population of San Jose City, Nueva Ecija is around 150,917, while the total population of Nueva Ecija is at 2,310,134. The population growth rate from years 2010-2020 in the Province of Nueva Ecija is pegged at 1.68%.¹ Based on 2015 data, the youth (children, young adolescents, and teenagers) make up around 30% of the population.

According to research, the participation in sports for children and adolescents has numerous benefits in their physical, physiological, and social development. Sports "vigorous physical activity and energy expenditure" thus "breaking the vicious cycle of inactivity and unhealthy lifestyle" to prevent obesity, diabetes, among others.² Sports activities also provide a venue for developing gross motor skills. Other benefits include improved academic achievement, decreased risk of heart disease, less psychologic dysfunction, and less interest in high-risk health related behaviors such as smoking and illicit drug-taking.³

With the steady increase in population in Nueva Ecija, the present proponent seeks to establish a sports academy and training center to be located in San Jose City, Nueva Ecija to cater not only to the city's growing young population, but also to the province as a whole and the neighboring areas as well. This sports academy and training center aims to develop and mold the youth and encourage their participation in sports, with the end goal of promoting their overall health, i.e., physical, mental, and emotional wellbeing.

In view of the foregoing, the urgent passage of this measure is sought.


JOSEPH GILBERT F. VIOLAGO

¹ Philippine Statistics Authority, *2020 Census of Population and Housing*.

² Merkel, Donna. "Youth sport: positive and negative impact on young athletes". *Open Access Journal of Sports Medicine*, 2013; 4: 151-160. <<https://www.ncbi.nlm.nih.gov/pmc/articles/PMC3871410/>>

³ *Ibid.*

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AN ACT
ESTABLISHING THE SAN JOSE CITY SPORTS ACADEMY AND TRAINING
CENTER IN SAN JOSE CITY, NUEVA ECIJA, AND APPROPRIATING FUNDS
THEREFOR

Be it enacted by the Senate and House of Representatives of the Philippines in Congress assembled:

SECTION 1. *Establishment of a Sports Academy and Training Center in San Jose City, Nueva Ecija.* – There shall be established in San Jose City, Province of Nueva Ecija, a sports academy and training center to be known as the “San Jose City Sports Academy and Training Center”, which shall be constituted as the primary sports development and training center in the whole province of Nueva Ecija and the neighboring provinces thereat.

SECTION 2. – The local government of San Jose City, in coordination with the Philippine Sports Commission (PSC), shall take the necessary steps to upgrade, improve, and modernize existing facilities, equipment and personnel, and integrate them into the newly created sports academy and training center.

The local government of San Jose City, in coordination with the PSC, shall create the necessary training programs and competitions, as well as the system by which the facilities shall be maintained and managed in order to accomplish the objectives and purposes of this Act.

SECTION 3. – The construction, establishment and operation of the San Jose City Sports Academy and Training Center shall be funded by the local government of San Jose City, and by other funds that may be allocated by the Province of Nueva Ecija, and such funds may be granted by the PSC or by the Office of the President. In addition, grants and endowments may be obtained from local or foreign sources intended for sports and development.

SECTION 4. *Appropriations.* – The amount necessary for the effective implementation of this Act shall be included in the Department of Education’s budget in the annual General Appropriations Act.

SECTION 5. *Implementing Rules and Regulations.* – Within ninety (90) days after the effectivity of this Act, the Secretary of Education shall, in consultation with the Chairperson of the PSC, the Provincial Government of Nueva Ecija, the local government of San Jose City,

and other concerned agencies of the government, promulgate the rules and regulations implementing the provisions of this Act.

SECTION 6. *Separability Clause.* – If any provision or part of this Act is declared unconstitutional or invalid, the remaining parts or provisions not affected shall remain in full force and effect.

SECTION 7. *Repealing Clause.* – All laws, decrees, executive orders, presidential issuances and other administrative rules and regulations or parts thereof which are inconsistent with this Act are hereby repealed, amended, or modified accordingly.

SECTION 8. *Effectivity.* – This Act shall take effect fifteen (15) days after its publication in the Official Gazette, or in a newspaper of general circulation.

Approved,