

Republic of the Philippines  
HOUSE OF REPRESENTATIVES  
Quezon City, Metro Manila

TWENTIETH CONGRESS  
First Regular Session

**HOUSE BILL NO. 6286**



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Introduced by **ANG PROBINSYANO**  
Party-List Representative Alfred Delos Santos

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### **EXPLANATORY NOTE**

Family is the basic unit of society. This social institution is the foundation of our society, yet little attention is given to it in terms of nurturing relationships between family members. Due to many issues such as financial problems, lack of communication, infidelity, and domestic violence, families end up breaking and children are caught up in the middle experiencing attention and concentration problems, academic problems, anger issues, sleep disorders, and other psychological, behavioral, and spiritual problems.

Recognizing the family's fundamental role in nation-building, it is imperative to enact measures to promote and protect the family, especially within the purview and future of children. While the Family Code of 1987 provides for basic guarantees for the protection of the family, the State must extend its role in its preservation by means of proactive measures that constantly strive for a stronger institution capable of understanding and confronting issues that seem to be the pitfall of many nowadays.

The proposed bill addresses issues that surround the family as a unit through proactive measures. By means of instituting holistic family wellness centers and programs, the State undertakes its role to check up firsthand on the situation of families in the Philippines.

In view of the foregoing, immediate approval thereof is highly recommended.

  
**ALFRED C. DELOS SANTOS**  
*Representative, Ang Probinsyano Partylist*

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**AN ACT**  
**ESTABLISHING FAMILY HEALTH AND WELLNESS CENTERS IN EVERY**  
**CITY AND MUNICIPALITY IN THE PHILIPPINES**

*Be it enacted by the Senate and the House of Representatives of the Philippines in Congress assembled:*

**SECTION 1.** *Short Title.* – This Act shall be known as the “Family Health and Wellness Centers Act of 2025.”

**SECTION 2.** *Declaration of Policy.* – Enshrined in the Constitution, the State recognizes the sanctity of family life and shall protect and strengthen family life and shall protect and strengthen the family as a basic autonomous social institution (Section 12, Article II).

Further, the Constitution also recognizes the Filipino family as the foundation of the nation and shall strengthen its solidarity and actively promote its total development (Section 1, Article XV).

**SECTION 3.** *Family Health and Wellness Centers.* – There shall be an established family health and wellness center in every city and municipality in the Philippines. It shall be responsible for the implementation of projects and programs for the promotion of family health and wellness. These centers shall be provided with office space, preferably in health centers.

**SECTION 4.** *Family Health Professional.* – At least one (1) family health professional shall be in charge of a family health and wellness center. They shall undergo necessary training and capacity development in order to properly implement programs that promote family health and wellness. They shall also be provided manpower and assistance by Local Government Units (LGUs) in the implementation of programs.

**SECTION 5. *Programs Included.*** – Family health and wellness centers shall implement programs that help improve the physical, mental, and social health of families. Such programs and initiatives shall include sessions on, but are not limited to:

1. Easy-to-Prepare Nutritious Meals
2. Basic Sanitary Practices at Home
3. Effective Parenting Techniques
4. Changes in Family Dynamics As Children Grow
5. Conflict Resolution Within the Family

**SECTION 6. *Implementing Agencies.*** – The Act shall be implemented primarily by the Department of Health, Department of Social Welfare and Development, Department of Interior and Local Government, and National Nutrition Council: *Provided*, that other government agencies may, as the need arises, be required to assist in the implementation of the Act.

**SECTION 7. *Annual Report.*** – The aforementioned government agencies shall annually submit a consolidated report from all family health and wellness centers to the Committee on Family Relations in both Chambers of Congress for better implementation of the Act.

**SECTION 8. *Appropriations.*** – Such amount as may be necessary for the initial implementation of this Act shall be charged against this year's appropriations for the concerned agencies. Thereafter, such sums as may be necessary for the continued operations and maintenance of the programs shall be included in the annual General Appropriations Act.

**SECTION 9. *Separability Clause.*** – If any provision or part of this Act is held invalid or unconstitutional, the remaining provisions or parts unaffected shall remain in full force and effect.

**SECTION 10. *Repealing Clause.*** – All laws, executive orders, presidential decrees or issuances, letters of instruction, administrative orders, rules, and regulations contrary to or inconsistent with the provisions of this Act are hereby repealed, amended, or modified accordingly.

**SECTION 11. *Effectivity Clause.*** – This Act shall take effect fifteen (15) days after its publication in the Official Gazette or in a newspaper of general circulation.

Approved,