

Republic of the Philippines
HOUSE OF REPRESENTATIVES
Quezon City, Metro Manila

TWENTIETH CONGRESS
First Regular Session

House Bill No. **7407**



Introduced by Representatives ERIC G. YAP and EDVIC G. YAP

EXPLANATORY NOTE

This bill seeks to institutionalize a free annual medical check-up for all Filipinos who are members of the Philippine Health Insurance Corporation (PhilHealth). It advances the objectives of the Universal Health Care Act by strengthening access to promotive and preventive health services for all Filipinos without imposing additional financial burden.

In recent years, heightened public awareness of health, brought about by the COVID-19 pandemic, has emphasized the importance of not only adopting healthier lifestyles but also undergoing regular health monitoring. Preventive care remains essential in detecting diseases early, reducing health risks, and avoiding costly medical interventions in the long term.

Available health data consistently show that non-communicable diseases such as heart disease, cerebrovascular illnesses, cancer, and diabetes remain among the leading causes of death in the country. These conditions are often chronic and lifestyle-related, yet they are largely preventable and manageable when identified early.

Despite the clear benefits of preventive health care, many Filipinos remain unable to access routine medical examinations due to cost and limited resources. This measure addresses that gap by guaranteeing regular, no-cost health assessments, thereby promoting early diagnosis, reducing preventable deaths, and strengthening the country's public health system.

The annual examination will include, at a minimum, basic diagnostic tests such as blood sugar and cholesterol screening, with the possibility of expanding laboratory and diagnostic services subject to the availability of PhilHealth funds.

In view of the foregoing considerations, the immediate passage of this bill is earnestly sought.


HON. ERIC G. YAP


HON. EDVIC G. YAP

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AN ACT
PROVIDING FOR A FREE ANNUAL MEDICAL CHECK-UP FOR FILIPINOS,
AND APPROPRIATING FUNDS THEREFOR

Be it enacted by the Senate and House of Representatives of the Philippines in Congress assembled:

Section 1. *Short Title.* — This Act shall be known as the “*Free Annual Medical Check-Up Act*”.

SEC. 2. *Declaration of Policy.* — It is hereby declared the policy of the State to support and promote the right to health by enhancing programs which focus on preventive and curative medicine that advance the health and well-being of Filipinos and prevent disease, disability, and death. Pursuant thereto, Filipinos shall be entitled to an annual medical check-up that is free of charge in any government hospital and institution.

SEC. 3. *Coverage.* — All Filipino Citizens, by virtue of their membership in the Philippine Health Insurance Corporation (PhilHealth) mandated under Republic Act No. 11223, or the “*Universal Health Care Law*”, shall be entitled to the applicable benefits under the Philippine Health Insurance Program.

Members shall be entitled to a free annual medical check-up that shall include blood sugar and cholesterol tests. Laboratory and diagnostic tests shall be expanded, subject to the availability of PhilHealth funds.

SEC. 4. *Schedule of Free Medical Check-Up.* — To promote health, identify risks, and ensure early diagnosis, PhilHealth shall establish a system that allows access to a free annual medical check-up and ensure that Filipinos shall be accorded the quality health care services that they deserve.

SEC. 5. *Appropriations.* — The amount necessary to implement this Act shall be charged against the PhilHealth funds.

SEC. 6. *Schedule of Free Medical Check-Up.* — To promote health, identify risks, and ensure early diagnosis, PhilHealth shall establish a system that allows access to a free annual medical check-up and ensure that Filipinos shall be accorded the quality health care services that they deserve.

SEC. 7. *Implementing Rules and Regulations.* — The Department of Health shall, in coordination with PhilHealth, promulgate the necessary rules and regulations for the proper implementation of this Act not later than ninety (90) days from its effectivity.

SEC. 8. *Separability Clause.* — If any portion or provision of this Act is declared invalid or unconstitutional, other provisions hereof shall remain in full force and effect.

SEC. 9. *Repealing Clause.* — All laws, presidential decrees, executive orders, rules and regulations which are inconsistent with the provisions of this Act are hereby repealed or amended accordingly.

SEC. 10. *Effectivity.* — This Act shall take effect fifteen days (15) after its publication in the Official Gazette or in a national newspaper of general circulation.

Approved,