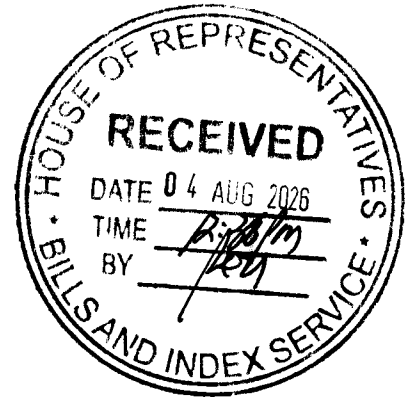


Republic of the Philippines
HOUSE OF REPRESENTATIVES
Quezon City
TWENTIETH CONGRESS
Second Regular Session
HOUSE BILL NO. **10558**



Introduced by HON. PHILIP CONRAD "DOK BONG" M. ACOP

AN ACT
AMENDING REPUBLIC ACT NO. 11223, OTHERWISE KNOWN AS THE
UNIVERSAL HEALTH CARE ACT, TO PROVIDE FOR FREE ANNUAL
MEDICAL CHECK UP FOR FILIPINOS

EXPLANATORY NOTE

The passage of Republic Act No. 11223, otherwise known as the Universal Health Care (UHC) Act, marked a monumental step toward ensuring that every Filipino has equitable access to quality and affordable healthcare. However, while the UHCA lays down the framework for comprehensive health coverage, a significant portion of our population continues to succumb to preventable and manageable diseases due to late detection.

For many Filipinos, especially those in marginalized and low-income sectors, undergoing routine medical check-ups and basic laboratory tests is considered a luxury rather than a routine necessity. Driven by the fear of high out-of-pocket expenses, many individuals seek medical attention only when their conditions are already severe or life-threatening. This reactive approach to healthcare not only leads to higher mortality rates but also places a massive, preventable financial burden on our public hospital system and PhilHealth reserves.

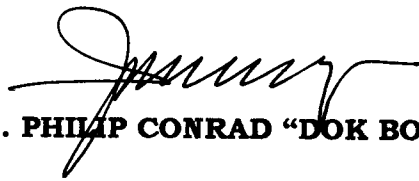
This bill seeks to amend Section 6 of the UHC Act to explicitly mandate the provision of free annual medical check-ups for all Filipinos. By institutionalizing a yearly preventive care package—which includes a complete physical exam, complete blood count (CBC), fasting blood sugar (FBS), lipid profile, urinalysis, stool analysis, and chest X-ray—this measure empowers citizens to actively monitor their health without the fear of financial ruin.

Shifting the Philippine healthcare paradigm from a curative model to a preventive one is necessary for the long-term sustainability of the UHC. Early detection of lifestyle diseases (such as diabetes and cardiovascular conditions) and other ailments significantly increases the chances of successful

treatment, reduces expensive long-term hospitalizations, and ultimately saves lives.

Furthermore, this proposed measure directly aligns with the United Nations Sustainable Development Goal (SDG) 3: Good Health and Well-being. Specifically, it fulfills Target 3.8, which calls for achieving universal health coverage, including financial risk protection and access to quality essential healthcare services for all. By heavily investing in preventive screening, it also actively supports Target 3.4, which aims to reduce premature mortality from non-communicable diseases through prevention and treatment.

A healthy citizenry is the foundation of a productive economy and a strong nation. In view of the foregoing, the immediate passage of this measure is earnestly sought.

A handwritten signature in black ink, appearing to read 'Philip Conrad', with a stylized flourish extending to the right.

HON. PHILIP CONRAD "DOK BONG" M. ACOP

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*Be it enacted by the Senate and the House of the Representatives of the
Philippines in Congress assembled:*

SECTION 1. Section 6 of Republic Act No. 11223, or the Universal Health
Care Act 2 is hereby amended to read as follows:

"Sec. 6. Service Coverage. - (a) XXX

(b) Within two (2) years from the effectivity of this Act, Philhealth
shall implement a comprehensive outpatient benefit, including
outpatient drug benefit, [and] emergency medical services, **AND
FREE ANNUAL MEDICAL CHECK UP** in accordance with the
recommendations of the Health Technology Assessment Council
(HTAC) created under Section 34 hereof[;].

**THE ANNUAL MEDICAL CHECK UP, AS PROVIDED FOR IN
THIS ACT, SHALL INCLUDE BASIC DIAGNOSTIC AND
LABORATORY TESTS SUCH AS THE FOLLOWING:**

- i. COMPLETE BLOOD COUNT**
- ii. FASTING BLOOD SUGAR**
- iii. LIPID PROFILE**
- iv. URINALYSIS (MACROSCOPIC AND CHEMICAL
EXAMINATION)**
- v. STOOL ANALYSIS**
- vi. CHEST X-RAY**
- vii. COMPLETE PHYSICAL EXAM THE DURATION OF
AVAILING THE FREE MEDICAL CHECK UP SHALL BE
FOR ONE WHOLE CALENDAR YEAR.**

- (c) XXX
- (d) XXX

SEC. 2. *Separability Clause.* – If any provision or part hereof, is held invalid or unconstitutional, the remainder of the law or the provision not otherwise affected shall remain valid and subsisting.

SEC. 3. *Repealing Clause.* – All laws, presidential decrees or issuances, executive orders, letter of instructions, administrative order, rule or regulation contrary to, or inconsistent with, the provisions of this Act are hereby repealed, modified, or amended accordingly.

SEC. 4. *Effectivity Clause.* – This Act shall take effect fifteen (15) days after its 15 publication in at least two (2) newspapers of general circulation.

Approved,