

Republic of the Philippines
HOUSE OF REPRESENTATIVES
Quezon City

TWENTIETH CONGRESS
First Regular Session

HOUSE RESOLUTION NO. 506



Introduced by: **Representative Antonio B. Legarda, Jr.**

**A RESOLUTION CONGRATULATING AND COMMENDING FILIPINO
TRAIL RUNNER JOHN RAY "STINGRAY" ONIFA FOR HIS
EXCEPTIONAL PERFORMANCE IN THE ULTRA-TRAIL DU
MONT-BLANC (UTMB) WORLD SERIES EVENTS**

WHEREAS, the UTMB World Series of trail running races are widely regarded as among the most competitive and challenging ultramarathons in the world, attracting top runners from around the globe;

WHEREAS, Filipino trail runner JOHN RAY ONIFA, a proud son of Barangay Banawon, Hamtic, Antique, showcased exceptional skill, profound resilience and unwavering heart by winning first place in the 9 Dragons Ultra 2025 on February 14, 2025, at Tai Tong, Hong Kong, covering 143.5 kilometers with a remarkable time of 16:56:59;

WHEREAS, Mr. Onifa also won first place in the Vietnam Ultra Marathon 2025 - Ultra 75km on March 8, 2025, at Hoa Binh, Vietnam with a time of 7:15:54, distinguishing himself from a highly competitive field of 169 international racers;

WHEREAS, Mr. Onifa also won first place in the 2025 Kaga Spa Trail Endurance 50 on June 21, 2025, at Yamanaka Onsen, Japan with a time of 5:54:46, besting 653 racers;

WHEREAS, Mr. Onifa also won first place in the SwissPeaks Trail 2025 - Semi-Mara on September 7, 2025, at Le Bouveret, Switzerland with a time of 1:32:46, besting 468 racers;

WHEREAS, most recently, Mr. Onifa won first place in the UTMB TransLantau 80 on November 15, 2025, at Lantau Island, Hong Kong with a time of 7:59:20, besting 470 racers;

WHEREAS, Mr. Onifa's victories bring immense pride to the Filipino people and showcase the nation's growing prominence in international endurance running competitions;

WHEREAS, the House of Representatives is committed to recognizing and celebrating the achievements of Filipino athletes who embody the nation's courage and determination in international competition;

NOW, THEREFORE BE IT RESOLVED BY THE HOUSE OF REPRESENTATIVES OF THE PHILIPPINES, to hereby formally CONGRATULATE and COMMEND Filipino Trail Runner JOHN RAY "STINGRAY" ONIFA for his exceptional performance and victories in the UTMB World Series Events, and for continuing to bring pride, inspiration and glory to the Filipino people.

BE IT FURTHER RESOLVED, that a copy of this resolution be furnished to Mr. John Ray Onifa as a symbol of our support and admiration.

Adopted,



ANTONIO B. LEGARDA, JR.
Representative, Lone District of Antique